



Province of the  
**EASTERN CAPE**  
EDUCATION

**SENIOR PHASE**

**GRADE 9**

**NOVEMBER 2012**

**LIFE ORIENTATION  
MEMORANDUM**

**MARKS:            100**

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This memorandum consists of 6 pages.

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**SECTION A****QUESTION 1**

- |     |     |            |
|-----|-----|------------|
| 1.1 | D ✓ | (1)        |
| 1.2 | C ✓ | (1)        |
| 1.3 | A ✓ | (1)        |
| 1.4 | B ✓ | (1)        |
| 1.5 | D ✓ | (1)        |
|     |     | <b>[5]</b> |

**QUESTION 2**

- |     |        |            |
|-----|--------|------------|
| 2.1 | TRUE ✓ | (1)        |
| 2.2 | TRUE ✓ | (1)        |
| 2.3 | TRUE ✓ | (1)        |
| 2.4 | TRUE ✓ | (1)        |
| 2.5 | TRUE ✓ | (1)        |
|     |        | <b>[5]</b> |

**QUESTION 3**

- |     |     |            |
|-----|-----|------------|
| 3.1 | D ✓ | (1)        |
| 3.2 | C ✓ | (1)        |
| 3.3 | A ✓ | (1)        |
| 3.4 | E ✓ | (1)        |
| 3.5 | B ✓ | (1)        |
|     |     | <b>[5]</b> |

**QUESTION 4**

- |      |                 |             |
|------|-----------------|-------------|
| 4.1  | ages ✓          | (1)         |
| 4.2  | circumstances ✓ | (1)         |
| 4.3  | adult ✓         | (1)         |
| 4.4  | rape ✓          | (1)         |
| 4.5  | superior ✓      | (1)         |
| 4.6  | girl-friends ✓  | (1)         |
| 4.7  | blame ✓         | (1)         |
| 4.8  | rapist ✓        | (1)         |
| 4.9  | trust ✓         | (1)         |
| 4.10 | psychologist ✓  | (1)         |
|      |                 | <b>[10]</b> |

**TOTAL SECTION A: 25**

**SECTION B****QUESTION 5**

- 5.1
- Cancer ✓
  - Cardiovascular diseases ✓
  - Diabetes ✓
- (Any 2 x 1) (2)
- 5.2 Contagious diseases ✓✓  
**OR**  
HIV/Aids, ✓ tuberculosis ✓ and malaria ✓
- (Any 2 x 1) (2)
- 5.3 No. ✓ The article states that NCDs are leading cause of death each year.  
**OR**  
The article indicates that NCDs accounted for 63 percent of all global deaths. ✓
- OR**
- NCDs caused 36 million deaths in 2008. ✓
- (1 + 1) (2)
- 5.4 5.4.1 Silent killer diseases are those diseases that destroy a patient's body without him/her realising it. ✓✓ (2)
- 5.4.2 Global deaths are deaths that occur throughout the world/worldwide. ✓✓ (2)
- [10]**

**QUESTION 6**

- 6.1
- Emotional abuse ✓
  - Verbal abuse ✓
  - Physical abuse ✓
- (Any 2 x 1) (2)
- 6.2 He behaves like this because he is under the influence of alcohol/he is drunk. ✓✓ (2)
- 6.3 6.3.1 No/Yes ✓ (1)
- 6.3.2 No, because no matter what, this is her father. She must always show respect towards him. ✓✓
- OR**
- Yes, maybe she is tired of seeing him abusing them, so this is the only way of saving themselves from this abuse. ✓✓ (2)
- 6.4 The family is not happy in his presence. Family members know that he will come home drunk and abuse them. ✓✓ (2)

- 6.5
- He could develop anger and become aggressive towards other children. ✓✓
  - He could grow up thinking that women are there to be abused by men. ✓✓
  - He could grow up thinking that swearing and being drunk all the time is an indication that one is a real man. ✓✓
- (Accept two valid answers.)** (Any 2 x 2) (4)
- 6.6
- She could go and seek professional help, e.g. counselling. ✓✓
  - She could go to the police/court and ask for protection or court order. ✓✓
  - She could ask professional people to refer her father to a rehabilitation centre. ✓✓
  - She could talk to relatives and seek advice. ✓✓
- (Accept one valid answer.)** (Any 1 x 2) (2)
- [15]**

### QUESTION 7

- 7.1
- 7.1.1 Yes. ✓ (1)
- 7.1.2 The advert does not mention any colour of one's skin./The advert refers to all teenagers irrespective of the colour of their skin. ✓✓ (2)
- 7.2
- 7.2.1 Yes/No. ✓ (1)
- 7.2.2 Yes, because the majority of sporting teams are enjoying a recess during this time of the season. ✓✓

**OR**

No, he must not apply for it, he might lose an opportunity to be selected when professional coaches come to his club to scout for fresh talent. ✓✓ (2)

- 7.3 This job does not need any academic qualification. It only needs teenagers who are honest, dedicated and hardworking. ✓✓ (2)
- 7.4 This will give him work experience which could assist him/her when he/she applies for another job. ✓✓ (2)
- 7.5
- One Saturday = No of hours per day x hourly rate  
                   = 8 hrs x R30 ✓  
                   = R240 per one Saturday
- Therefore 4 Saturdays = R240 x 4  
                               = R960 ✓
- One Sunday = 5 hrs x R30  
                   = 150 ✓
- Therefore 2 Sundays = R150 x 2  
                               = R300 ✓
- Total wage = R960 + R300  
                   = R1 260 ✓

(5)  
**[15]**

**QUESTION 8**

- 8.1
- Reduce portion sizes; you can still have foods you like but just less of it. ✓
  - Choose healthy snacks like fruits and vegetables. ✓
  - Drink enough water instead of fizzy cool drinks. ✓
  - Take small bites and chew properly. ✓
- (Any 2 x 1) (2)
- 8.2
- Too little exercise. ✓
  - Eating too much fatty and sugary foods. ✓
- (Any 1 x 1) (2)
- 8.3 Over-eating can cause diabetes and heart diseases. ✓✓ (2)
- 8.4 8.4.1 Political. ✓ (1)
- 8.4.2 According to the media which states that fat is out and thin is in. ✓ (1)
- 8.4.3 Some households do not have enough money to buy food. ✓ (1)
- 8.5 Overweight. ✓ (1)
- [10]**

**QUESTION 9**

- 9.1 Youth Day, Heritage Day, Worker's Day, Mandela Day, Human Rights Day. (1)
- 9.2
- Every year on 21 March – Human Rights Day ✓
  - Every year on 01 May – Worker's Day ✓
  - Every year on 16 June – Youth Day ✓
  - Every year on 18 July – Mandela Day ✓
  - Every year on 09 August – Women's Day ✓
  - Every year on 24 Sept – Heritage Day ✓
- (Choose any valid answer.)** (2)
- 9.3
- On 21 March 1960 many people were killed in Sharpeville while protesting against the pass laws. We celebrate human rights on this day. ✓✓
  - On 01 May the world uses this day to appreciate and acknowledge the hard work of workers. ✓✓
  - On 16 June 1976 some students were killed while protesting against the introduction of Afrikaans as the medium of instruction in all schools. The democratic government declared this day as a day to honour the sacrifices of those young people. We celebrate Youth Day on this day. ✓✓
  - On 18 July 1918, ex-president Mandela was born. Therefore, 67 minutes which symbolises his 67 years fighting for freedom is being observed to do something for the needy. ✓✓
  - On 9 August 1956 women of all colour marched against the pass laws. We celebrate the role of women in the struggle for liberation. ✓✓
  - On 24 Sept it is Heritage Day where we celebrate our diverse cultures. ✓✓
- (Choose any valid answer.)** (2)

- 9.3
- I read historical books. ✓
  - I go to the stadium to listen to speeches by the president of the country. ✓
  - I play sport. ✓
  - I do my homework at home. ✓
- (Accept any valid answer.)** (1)  
**[6]**

**TOTAL SECTION B: 56**

## SECTION C

### QUESTION 10

- 10.1 C ✓ (1)  
 10.2 B ✓ (1)  
 10.3 A ✓ (1)  
 10.4 C ✓ (1)  
 10.5 D ✓ (1)
- 10.6 10.6.1 B ✓ (1)  
 10.6.2 C ✓ (1)  
 10.6.3 D ✓ (1)  
 10.6.4 A ✓ (1)
- 10.7 10.7.1 It may mean if parents partake in sport their children will follow suit and both of them will end-up being healthy. ✓✓ (2)
- 10.7.2 Rugby, soccer, hockey, cricket, netball, etcetera. ✓✓  
**(Any other sporting code that is played strictly according to the rules of the game.)** (2)
- 10.7.3
- They could go and watch their children when playing sport at school. ✓
  - They could ensure that their children have all the sporting equipment needed. ✓
  - They could organise personal physical trainers for their children. ✓
- (Accept any two valid answers.)** (Any 2 x 1) (2)
- 10.7.4
- Tell him/her not to go alone or at night when exercising. ✓
  - He/she must not use alcohol/drugs. ✓
  - He/she must start small and go bigger gradually. ✓
  - He/she must wear suitable clothing when exercising. ✓
- (Accept any four valid answers.)** (Any 4 x 1) (4)

**TOTAL SECTION C: 19**  
**GRAND TOTAL: 100**